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1. Article types

JBR considers original reports in English as *Research Articles*, covering all aspects of biological rhythms, using genetic, biochemical, physiological, behavioural, epidemiological, and modelling approaches, including clinical trials. Emphasis is on circadian and seasonal rhythms, but other periodicities are also considered. *Letters* also report original research but of a narrower scope, with a few figure panels or equivalent-sized tables. *Reviews, Commentaries, Editorials*, and other items of interest related to biological rhythms are also encouraged, but pre-submission inquiries to the Editor in Chief by authors of such pieces are recommended. JBR does not publish case reports.

- **Original Research**
  - Abstract (300 words)
  - Keywords (at least 5)
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Total word count does not include abstracts, keywords or references.

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Examples


Richter CP (1965) Biological Clocks in Medicine and Psychiatry, Charles C Thomas, Springfield, IL

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